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(Supported by the InterCommunity Health Network-CCO, which functions through Samaritan Health in Linn, Benton and Lincoln Counties)

COMMUNITY EVENT

Event and Presenters

Bringing Brain-Based Therapies into the Mainstream

Bethany Ranes, Ph.D.

(Dr. Ranes is an Applied Neuroscientist who helps develop brain-based therapies.)

A September 30, 2023 Video: Chronic Pain Epidemic: expert Dr. Howard Schubiner on healing Mind-Body Syndrome

Dr. Howard Schubiner, MD

Dept of Internal Medicine, Ascension Providence Hospital, Southfield, Michigan, USA; Dept of Internal Medicine, Michigan State University College of Human Medicine, East Lansing, Michigan, USA





Stories from past events are accessible at www.painsciencelifestories.org. The website has multiple fully curated features in the Resource Table: Unique Aspects; Key Ideas; Summary; Transcript; and a Link to play each video story to assist you in searching for content that makes sense to you.



We are a local collaboration of healthcare workers and individuals who have learned the self-care pain approach. We welcome new members with similar interests. See the Welcome page on the website for upcoming events, and the Members page to join us. Email: opsa@painsciencelifestories.com and a member will reply to your questions.



You Are Not Alone In Your Search for Pain Relief

ZOOM LINK: HTTPS://TINYURL.COM/PAIN2022

For help connecting to a session via Zoom, call 541.224.8378 or scan the QR code.